



## LSU Alumni, Phoenix Chapter "Meet Your Alums" Profiles

For more information about these profiles or our e-newsletter, please contact Tandy Vincent at [t2vincent@hotmail.com](mailto:t2vincent@hotmail.com).

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### Meet Melissa Gaspard!

If you've ever been to an LSU Alumni Club event, you've probably seen Melissa "Missy" Mara Gaspard relaxing with friends or chasing after one or all of her three kids (Gabrielle, 8; Grayson, 4; Gage, 2; and #4 due this summer)!



*Pictured: Missy (2nd from R) after finishing the Rock N Roll Marathon, with fellow LA natives (from L) Danielle Domangue and Georgia Billeaud, and Gator alum, Kim Sayre.*

Missy, a native of Metairie, Louisiana has lived in Phoenix for over eleven years with her husband, Rob - also from Metairie. Both graduated from LSU; Missy in 1991 with a BA in Political Science, and Rob in 1993 with a BA in Architecture.

Missy currently works as a paralegal for the Arizona Cardinals Football Club, and Rob is an architect and partner at Bruder+Partners Ltd.

When she's not cheering on the Cardinals, Tigers or Saints, Missy can usually be seen hitting the pavement - she just finished her third marathon! You might also find her spinning at the gym, drinking coffee at Starbucks or cooking up "anything with seafood" in her favorite room in the house, the kitchen.

Missy is also an active part of our community. She is a sustainer with the Junior League of Phoenix and sits on various committees at her children's school, Most Holy Trinity. She also used to be the social director for our LSU Alumni Club!

#### **Q & A:**

**How do you spend your free time?**

What free time?! Seriously, though, I hang with friends. Read. I belong to a Book Club and Bunko group. I enjoy spinning and working out. Running, definitely. And cheering on the Tigers, of course!

**Do you have any recipes worth sharing?**

Crawfish Etouffee, Red Beans and Rice, and Oyster Soup!

**What Cajun restaurant do you recommend?**

At the moment none of them are living up to my standards -- bring back Justin's Rajun Cajun!

**What do you miss the most about Louisiana?**

My family!

*<Taken from the March 2007 member e-newsletter>*

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